

OVERCOMER

The Life You Were Made For

BEAUTIFUL SCARS

[John 20:19-20, 24-27](#)

Then, the same day at evening, being the first day of the week, when the doors were shut where the disciples were assembled, for fear of the Jews, Jesus came and stood in the midst, and said to them, "Peace be with you." ²⁰ When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord.

²⁴ Now Thomas, called the Twin, one of the twelve, was not with them when Jesus came. ²⁵ The other disciples therefore said to him, "We have seen the Lord." So he said to them, "Unless I see in His hands the print of the nails, and put my finger into the print of the nails, and put my hand into His side, I will not believe." ²⁶ And after eight days His disciples were again inside, and Thomas with them. Jesus came, the doors being shut, and stood in the midst, and said, "Peace to you!" ²⁷ Then He said to Thomas, "Reach your finger here, and look at My hands; and reach your hand here, and put it into My side. Do not be unbelieving, but believing."

Scar – A place in our lives where pain has left a permanent mark in our memories / psyche.

HOW WE DEAL WITH EMOTIONAL PAIN WILL DECIDE OUR LEVEL OF SPIRITUAL MATURITY AND HOW MUCH GOD WILL BE ABLE TO USE US!

THE SOURCE OF OUR SCARS

1. REJECTION
2. FAILURE
3. ABUSE
4. BETRAYAL

5. TRAGEDY

THE FOUR WAYS THE DEVIL KEEPS US IN PAIN

1. Unresolved Anger and Unforgiveness
2. Self-pity
3. Shame and Denial
4. Fear and Escape

2 Corinthians 1:3-6

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, ⁴ who comforts us in all our tribulation, that we may be able to comfort those who are in any trouble, with the comfort with which we ourselves are comforted by God. ⁵ For as the sufferings of Christ abound in us, so our consolation also abounds through Christ. ⁶ Now if we are afflicted, it is for your consolation and salvation, which is effective for enduring the same sufferings which we also suffer. Or if we are comforted, it is for your consolation and salvation.

STEPS TO EMOTIONAL HEALING

1. Make Jesus the Lord of your pain.
2. Make God's Word the supreme truth over your scars.

2 Corinthians 10:3-5

For though we walk in the flesh, we do not war according to the flesh. ⁴ For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, ⁵ casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,

3. Forgive everyone who has hurt you or scarred you in any way – including yourself.

4. Find people with redeemed pain to help you and hold you accountable.

5. Surrender your scar to the ministry.

Isaiah 61:1-4

“The Spirit of the Lord GOD is upon me, Because the LORD has anointed me to preach good tidings to the poor; He has sent me to heal the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound; ² to proclaim the acceptable year of the LORD, and the day of vengeance of our God; to comfort all who mourn, ³ to console those who mourn in Zion, to give them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they may be called trees of righteousness, the planting of the LORD, that He may be glorified.” ⁴ And they shall rebuild the old ruins, they shall raise up the former desolations, and they shall repair the ruined cities, the desolations of many generations.